



# Red Cross Newsletter



## Activities of Myanmar Red Cross Society facilitated by MRCS branches and community based Red Cross volunteers

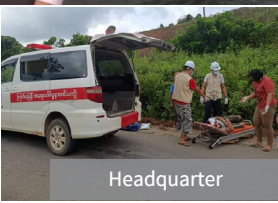
### Local Activities

#### Giving First Aid Treatment to injured people



Everyone should learn first aid skills. With the first aid skills we could save people lives. We could give first aid treatment to people who get injury from the accidents and could send them to the hospitals.

“I came across an accident on my way back to Lashio from Tangyan after we gave training (Protection, Gender and Inclusion) to volunteers and staffs. From my rear-view mirror, I saw a motorbike being crashed on the road while trying to overtake a car. As soon I saw it, I stopped my car and went straight to the accident to help the victims. The victim was severely injured and being hit with the stone, we tried to give first aid treatment and performed bleeding control to the injury. The victim was unconscious at that moment. To bring the victim back to consciousness, we kept him in to stay in side position. We also cleaned his injuries and control the bleeding. At the same time we encourage and made him calm,” said U Tun Lwin Oo, manager of First Aid and Safety Services Department, MRCS, about his experience encountering road accidents and giving first aid treatment to the victims.



Headquarter

“A Red Cross ambulance came later and brought the victim to the hospital. After 30 minutes, we heard the news that the condition of the victim is stable and being receiving more treatment. The news made us proud and glad. If he hasn’t received any first aid treatment, his bleeding couldn’t be controlled and his life could be in danger,” he explained his feeling.

Myanmar Red Cross Society has committed to build heathy society and has been spreading the First Aid education to produce people who could response in the emergency situation.

#### Live Saving



Tanintharyi

Lifesaving is a skill or practice of saving and giving first aid treatment to the people or person when they get drowned in the water. Myanmar Red Cross Society has been giving Lifesaving trainings to the people who live near to the sea especially storm-prone areas, and would help the community if needed.

“Our city, Kawthoung, is surrounded by the water. Majority of people living near seaside, much higher than the people living inside the town. Many of them are working in the fishing businesses as their livelihood. Our city is often affected by storms and waves such as Sunami waves. That’s why lifesaving is important for the people here. If we are skillful in lifesaving practice, we can save many people lives by practicing lifesaving techniques and providing first aid treatment when people get drowned, then sending them to hospitals,”

explained U Ko Ko Gyi, a district Red Cross officer from Kawthoung.

“With First Aid skills, everyone could help their family members, relatives and neighbors when needed or they get injured. First Aid skill is a lifesaving skill and everyone should learn it,” he continued.

Myanmar Red Cross Society formed a working committee relating to Lifesaving practice and has been spreading Lifesaving knowledge to the community, activities also included giving Lifesaving training to the hotel staffs who are responsible at the swimming pools of their respective hotels.





Southern Shan

Awareness raising activities and family resotring



Mon

Supporting vaccination activities



အမျိုးသားသွေးလူ့ဘဏ်တွင်  
သွေးလက်ကျန်လျော့နည်း  
နေပါသဖြင့်  
သင့်သွေးဖြင့် ကူညီပါ။



Eastern Shan

Providing aids to migrants in the border areas



Naypyitaw

Blood Donation



Mon

Storm Drill



Eastern Shan

Dengue Fever Prevention Activity

ဝန်ထုပ်ကျပျ အဆင့်ဆင့် လက်ဆေးနည်း

- လက်ကိုရေလောင်းပါ။
- ဆပ်ပြာတိုက်ပါ။
- လက်ဖျံးကို ပွတ်တိုက်ပါ။
- လက်ဖျံးနှင့် လက်ချောင်းလေးတွေကြား ပွတ်တိုက်ပါ။
- လက်ဖျံးထွက် ပွတ်တိုက်ပါ။
- လက်ချောင်းထိပ်ရှိ လက်သည်းကြားထဲတွင် နေရာအနှံ့ သေသေရာရာ ပွတ်တိုက်ပါ။

ရေနှင့် ဆပ်ပြာများ စင်ကြယ်အောင် ဆေးကြောပါ။

**“အားလုံးကျန်းမာသန့်ရှင်းဖို့ လက်ဆေးကြပါဖို့”**

Learning from experiences and moving forward – humanitarian works of Red Cross volunteers across the country



Kayah

With the collaboration with Hpa-an Orthopaedic Rehabilitation Center (HORC), Kayah State Red Cross Supervision Committee has supported to 25 people to get new prosthetic legs and 7 people who need prosthetic treatment.



Ayeyarwaddy

A person who got injured in his leg during the road accident near Kwingyi village, Kyaungone township was referred to Kyaungone township hospital by the Red Cross ambulance on 4th September, 2022.



Mandalay

A person who got injured in a motorcycle accident in Chanmyatharzi township was received first aid treatment by the Red Cross Society on 6th September, 2022.

Restoring Family Links



Yangon

On 22nd August, 2022, a child was separated from his family and lost his way back to the family in Shwepyithar township, Yangon region. The child was found by Shwe Myittar Social Association and the chairman of the association temporarily kept the child. Insein Township Red Cross Society was asked for help to find the child's parents on 24th August, 2022. Chairman U Ye Tun Oo and volunteers helped to find the parents of the child. Soon after that, the team could find the parents and brought the child back to his parents safely in Insein.





Sagaing

Sagiang Township Red Cross Officer and 5 volunteers participated in school environment cleaning activity in Basic Education Middle School of Myothit, Sagaing township in 20th August.



Kachin

Villagers and community members of Selzin village which displaced to Tamakan and Houpar village tracts, Moenyin district, were received emergency humanitarian aids on 30 and 31 st August.



Kayin

A total 57 students from BEHS No (2) of Hpa-an, were received First Aid training (14/2022) including both practical and theoretical sessions facilitated by 4 trainers from township Red Cross Society on 2nd September.



Eastern Shan

On 2nd September, explosive devices risk awareness activity was conducted at the No. (2) primary school (Parhote) in Maiyoung township and pamphlets were distributed.



Nothern Shan

On 22nd August, one family lost their home during landslide due to heavy rain in Mawlone village, Manton township. The family was evacuated and received 1 set of household material, 1 set of building material, 1 set of personal hygiene kit, 1 set of kitchenware and 1 can of Jellycan.



Naypyitaw

On 2nd September, a person who discharged from Naypyitaw hospital were referred by Red Cross ambulance to his home.

Donation for Humanitarian Works



Headquarter

On 2nd September, a certificate of honor was awarded to Myanmar Post and Telecommunication (MPT) which donated Myanmar Kyat 50 millions worth aids including blanket, can food, raincoat and noodles to IDPs in Southern Shan State.

During certificate awarding ceremony, Dr Daw Amaya Maw Naing, Vice President of MRCS, gave the certificate of honor to Mar. Naoki Shimane, Chief Operating Officer of MPT who later extended a word of thanks. From MRCS side, Prof. Dr Daw Mya Thu, Fulltime Executive Committee member of MRCS, Daw San San Maw, Director of Disaster Management Department, Daw May Sandar Myo, Resource Mobilization Department, and U Htay Hla, Deputy General Manager of MPT attended the ceremony.

**Acknowledgments:** The activities of the Myanmar Red Cross Society are supported by the township Red Cross branches, The International Committee of the Red Cross, The International Federation of Red Cross and Red Crescent Societies, Partner National Societies, Partners in the private and public sector from Regional, National and International and also humanitarian organization.

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Please find more previous newsletter published here [https://www.redcross.org.mm/my\\_MM/publications/](https://www.redcross.org.mm/my_MM/publications/)





Bago

A patient from Myo Chaung hospital, Kyaukdaga township were referred to Yangon General Hospital with Red Cross ambulance on 5th September.



Rakhine

On 17th August, Kyauk Phyu City was hit by heavy rains and floods, providing the necessary assistance to the community.



Mon

On 6th September, Mon State Red Cross Supervision Committee donated sets of PPE to 16 community based organizations from Mawlamyaing township.



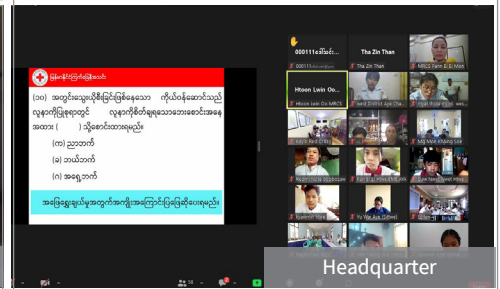
Southern Shan

An accident occurred in Kyaungyisu ward, Taunggyi township, near to Taunggyi University on 31st August and received help by the Red Cross team.



Magway

A man who got injured from motorcycle accident was referred to hospital in Salin township, on 6th September.



Headquarter

As to commemorate World First Aid Day, a quiz activity for the Red Cross volunteers was held on 2nd September.

Knowledge Column

## World First Aid Day 2022

**"Lifelong First Aid Learning"**  
"ရှေးဦးပြုစုအတတ်ပညာ ဘဝတစ်သက်တာ သင်ယူပါ"

### ရှေးဦးပြုစုသူတစ်ဦး၏ နေ့စဉ်လုပ်ငန်းဆောင်တာများ

- ညမအိပ်ခင်ကတည်းက ရှေးဦးပြုစုခြင်း ဆေးအိတ်ပြင်ဆင်ပါ။
- ညဘက်စောစောနှင့် အိပ်ရေးဝဝအိပ်ပါ။
- မနက်စောစောထပါ။
- အနည်းဆုံး (၁၅) မိနစ် ကိုယ်လက်လှုပ်ရှားမှု လုပ်ပါ။
- အာဟာရပြည့်ဝသည့် အစားစာများစားသုံးပါ။
- ရှေးဦးပြုစုခြင်း အကြောင်းအရာများ ဝေမျှပါ။
- တက်ကြွစွာနေပါ။
- လူ့အသက်များ ကယ်တင်ပါ။

First Aid Knowledge Column



There is a risk of electrocution during the rain or just after the rain in the house, surrounding areas and workplaces. In order to provide first aid treatment to someone who suffer electrocution in those situations, we would like to share below video clip. Please see the video in the link –

For more information on First Aid training –  
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