HOW TO ACCESS

If you want to inquire about or come to HORC, you can contact through following sources:

- Local Red Cross branch,
- Mobile repair services programme,
- The community repair men.

Or you can come by your own arrangement. It is preferable to take appointment by telephone before you come.

The centre will reimburse your round trip based on public transport cost, if necessary.

DURATION FOR FITTING DEVICE

- Minimum one week for simple case
- Two to three weeks for primary case
- Up to Two months for complicated case (e.g. bilateral above knee amputation, other health condition)

Remark

The minimum time after amputation to be fitted with prosthesis is three to four months (no oedema and scar healed).

CONSULTATION HOURS

Every week: Monday to Friday
Every day : 8:30 am - 11:30 am
1:30 pm - 4:30 pm

CLOSE ON

- Saturday, Sunday and gazetted holidays
- No service user is admitted two weeks before and till the end of the Water Festival except minor repair services. (foot, suspension belt)

FACILITIES WE PROVIDE

- Separated dormitory for male and female
- Refectory
- Recreational area including sport court
- Satellite television and DVD player
- Library

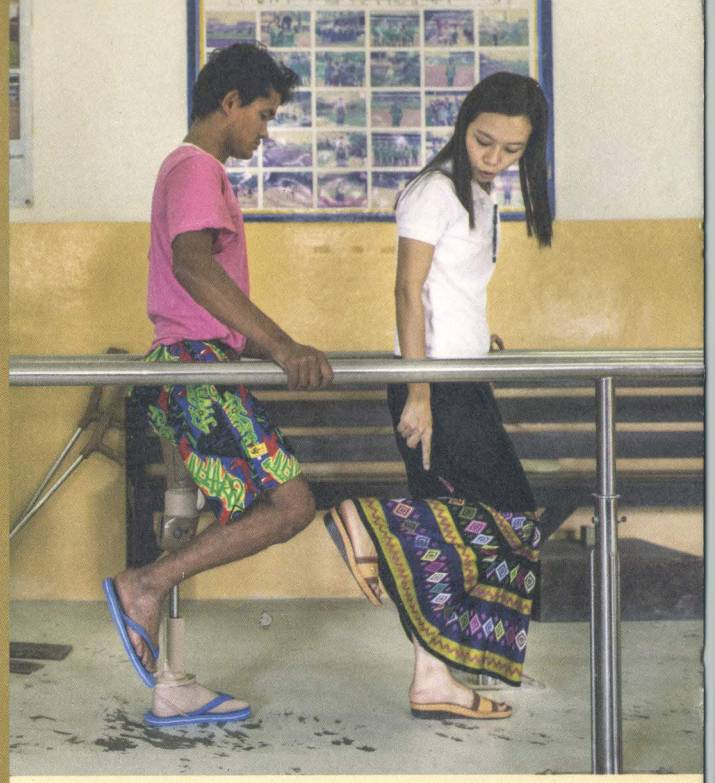
The Myanmar Red Cross Society (MRCS) supported by the International Committee of the Red Cross (ICRC)

ICRC

Hpa-an Orthopaedic Rehabilitation Centre
Ta Won Than Village, Hlar Ka Myin Village Tract, Hpa-an Township, Kayin State.
T +9558 22259, 959 492 659 29, 959401 595 904
Email: horc2003@gmail.com

2018.0836/002 10.2018 700 Cover photo: Min Zayar Oo/ICRC

IN BRIEF



HPA-AN ORTHOPAEDIC REHABILITATION CENTRE (HORC)

Myanmar Red Cross Society

ICRC

HPA-AN ORTHOPAEDIC REHABILITATION CENTER

Hpa-an orthopaedic rehabilitation centre is an orthopaedic centre. Its aim is to supply orthopaedic appliances for persons with physical disabilities.

HORC is not a hospital and does not provide medical treatment. If you have medical problems, diseases, wounds or any other health problems, please have it treated before coming to HORC. (e.g. Diabetes, hypertension, heart disease) Without prior treatment, HORC cannot accept for services.

WE PROVIDE THE FOLLOWING FOR FREE OF CHARGE

- Prostheses
- Orthoses
- Physiotherapy
- Gait training
- Walking aid (crutch, walking frame, cane)
- Wheelchairs
- Accessory items as required (e.g. elastic bandages, stump socks)
- Accommodation
- Food
- Transportation (only for service user who cannot afford the cost)

PLEASE BRING

- Your last device even if it is broken
- ID card or recommendation letter from your village/ward authorities
- Underwear
- Foot ware
- Pants
- Medical records
- Medicine prescribed by a doctor

THOSE WHO CAN GET HORC SERVICE

Any persons with physical disability living in HORC coverage areas: Kayin State, Mon State, Tanintharyi Region, Eastern Bago Region and Kayah State, regardless of gender, religion, ethnicity or status (military or civilian)

CHILDREN PROGRAMME

HORC prioritises access for children during summer school holiday.

AN ACCOMPANYING PERSON IS ALLOWED

Dependant service user can come with one accompany (relative or caregiver):

- Children
- Blind, deaf or mute
- Elderly patients
- Bilateral amputee
- Service user with mental pathologies
- Service user with other specific health problem

A children under fifteen years can stay only if a relative is staying with him or her.

REGULATIONS IN THE CENTRE

Within HORC premises:

- No weapons and uniforms
- No drugs, alcohol, betel chewing
- No fighting or harassment
- No discrimination
- No entry into restricted areas
- No commercial activities
- No destruction or damage
- No littering
- No gambling
- No smoking
- No photo/video taking

Remark

Any misconduct leads to immediate action by the Management.